



Would you like to  
have \$150 extra  
each month?

Give up tobacco!  
We can help.



Enroll in one of the  
Army's best tobacco cessation programs.

- Free patches, gum, & ZYBAN® for eligible beneficiaries
- New classes start monthly.
- Insurance may cover the cost of medicine for civilian employees.

Open to All Military, Retired Military, Family Members, and  
Fort Knox Civilian Employees

Health & Wellness Center  
502-624-WELL (9355)